

Have you noticed how a lot of horrible people have almost perfect bodies? Tall, thick bone structures, well proportioned? This is called **Jesm** in Eslaum. So why do they have it? And why is it that good and nice people are deprived of it?

Why do bad people have good bodies?

"When a Kaufer does a good deed, he is rewarded for it in this world. As for the Mo'men, Allauh stores his good deeds for the Hereafter" - **Suheeh Mosslem**

I remember reading another version a long time ago which said that the Kaufer is given an increase in his Jesm, but the non-Kaufer is deprived of it, as his deeds are reserved for the Aukheruh.

"There is no believing servant except that he has a sin he commits from time to time, or a sin he persists in until he leaves the world." - **Ebn Abbaus**

The purpose of this bad trait in a good person, is so that he repents, as Allauh also created him for the purpose of repentance.

Likewise, a bad person also has a good trait. So an evil person may act on it, let's say once every few weeks, once every few months or even once a year. This is so he is given reward in this world. But this reward will be followed up with punishment.

"No one indulges in a pleasure except that a sorrow from the Donyau or Aukheruh follows it." - **Ule/Ali**

And it will make him commit even more sins, which will lead to even more punishment. This is because his Jesm will make him look down on others, and it will make him proud and arrogant.

Watch some parts of this South Korean animated series, titled "Lookism", if you're interested. It's about people who don't have a good Jesm being looked down upon by those who do.



Does this mean that good people can't have nice bodies?

No, rather they CAN. It's just that generally speaking, they don't, but there are exceptions.

"He said, 'Indeed Allauh has chosen **him (Tauloot)** over you, and enhanced him vastly in knowledge and **physique (Jesm)**.'" - **Gor'aun 2:247**

Osaumuh Ben Laudén



In fact, if you look at more photos of Osaumuh, you will notice that he really does have a good Jesm. From the hands, to the wrists, to the height.

And there are more people like him that also have a good Jesm. And I even know someone personally that is extremely friendly and has an exceptional Jesm.

How to get a good Jesm

Before you continue reading, just remember that, having a good Jesm is IDEAL. All good people will have a good Jesm in the Aukheruh.

If you read a lot of hadeeth books, you will have come upon a sentence, "**If Allauh desires good for someone**", or, "**If Allauh desires ill for someone**".

So Allauh desires ill for bad people, so he has given them a good Jesm. Why? Because their reward is lost in the Donyau, and their Jesm makes them arrogant, so they accumulate more sins, which results to them landing in a more severe location of Juhunnum, En-Shau-Allauh.

Also Allauh **desires good** for **good people**, so he has **deprived** them of a good Jesm. Why? Because due to his exceptional wisdom, he knows that, were he to give them a good Jesm, this would lead them to **pride**, and it will make them **turn away** from the right path.

So he **deprives**, in order to **save**.

So why did Allauh give Tauloot, Osaumuh, and other good people a good Jesm in the Donyau?

This is because Allauh knew that a good Jesm would **NOT** corrupt them.

A good Jesm in the Donyau leads to **pride**, **looking down on others**, and **fornication**. If you vehemently **oppose** these things, whilst **doing good daily**, Allauh **won't** deprive you of a good Jesm in the Donyau, because he knows that you will **not** become corrupt.

So in summary:

- 1) Do good daily
- 2) Don't look down on others
- 3) Lower your gaze

If you **master** this, you will be given a good Jesm in the Donyau, En-Shau-Allauh, as Allauh knows that there is no point in depriving you of it